



# Understanding Dementia Behaviours Workshop

## Strategies and tools for caregivers

Join Caregivers Nova Scotia for a free workshop to learn about how dementia affects the brain, understand that all behaviour is a form of communication, and learn strategies for dealing with the most common expressive behaviours.

**When:** Tuesday, May 23, 2023 from 1:00 pm to 4:00 pm

**Where:** Centreville Baptist Church

870 Murray Drive, Centreville

This is a free workshop, but **pre-registration is required**. Please contact Jennine Wilson at 902.680.8706 or [Valley@CaregiversNS.org](mailto:Valley@CaregiversNS.org) to register by Wednesday, May 17, 2023.