



Understanding Dementia Behaviours Workshop

Strategies and tools for caregivers

Join Caregivers Nova Scotia for a free workshop to learn about how dementia affects the brain, understand that all behaviour is a form of communication, and learn strategies for dealing with the most common expressive behaviours.

When: Thursday, September 21, 2023 from 1:00 pm to 4:00 pm

Where: Tantallon Public Library

3646 Hammonds Plains Rd, Upper Tantallon

This is a free workshop, but **pre-registration is required.**

Please contact JoAnne Connors at 902.421.7390 or Halifax@CaregiversNS.org
to register by **Friday, September 15, 2023.**