



Caregiver Support Group Yarmouth

Do you provide **unpaid care** to a friend or a relative due to chronic illness, advanced age, frailty or a disability? **You are not alone!**

Our **free support group**, facilitated by a trained specialist, offers a confidential, supportive and friendly atmosphere to discuss your experiences and receive helpful information.

DAY	TIME	LOCATION
Second Wednesday of every month	1 - 3 p.m.	Library of the Beacon United Church, 25 Beacon street

Contact **Nicole Byers** to find out more and register
902.514.1281 or SouthShore@CaregiversNS.org

Registration
required

www.CaregiversNS.org


Caregivers
Nova Scotia
for friends and family giving care