



# Understanding dementia behaviours Workshop, Dartmouth

Join **Therese Henman-Phillips** from Caregivers Nova Scotia for a **free workshop**. You'll explore how dementia impacts the brain, recognize that all behaviour is a form of communication and discover strategies for managing common expressive behaviours.

## DAY

March 12, 2026

## TIME

1-4 p.m.

## LOCATION

82 Baker Drive,  
Harris hall

Contact Nicole Grimm to register  
**902.404.4161** or [Ngrimm@shannex.com](mailto:Ngrimm@shannex.com)