

The hummingbird symbolizes performing the impossible, working at lightning speed, surviving extremes and often flying solo ... just like a caregiver. May is Caregiver Awareness Month.



You are invited to join us for a

# Caregiver Appreciation Tea

celebrating the unpaid caregivers in our community!

**When:** Tuesday, May 14th, 2013 from 6:30 to 8:00 pm

**Where:** VON Adult Day Program, Suite 117, 336 Kings Road, Sydney

Everyone is invited; no admission charge.

For more info please contact JoAnne:  
631-3465 or 1-877-488-7390  
[www.caregiversNS.org](http://www.caregiversNS.org)

  
**Caregivers**  
Nova Scotia  
for friends and family giving care