

Caregiver Support Group



Shubenacadie



Do you give unpaid care to
a parent ?
a spouse?
a child?
a friend or relative ?

Due to
frailty or advanced age?
a chronic illness ?
a mental illness ?
a disability ?

You are not alone!

Please call to
register

Our free support group is facilitated by
a trained staff member.

It offers a confidential, friendly
atmosphere for you to discuss
your experiences, and receive
helpful information in
a supportive environment.

WHEN: 1st Thursday of each month
from 1:30 to 3:30 pm

WHERE: Shubenacadie United Church,
2969 Hwy 2, Shubenacadie, NS

FOR MORE INFORMATION:

Contact Leanne Taylor at
902.229.8464 or 1.877.488.7390
www.CaregiversNS.org