

Safe Medicines *and* Falls Prevention for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Falls are the most common injury among seniors, and most falls happen at home. Learn how to reduce the risk of a fall for you and your loved ones.

Please join us for these informative workshops on:

Wednesday, October 7th, 2015

Community Health Room

Inverness Consolidated Hospital (Maple St. entrance)

39 James St., Inverness

1:00 pm – Safe Medicines for Seniors & Caregivers

2:45 pm Break – refreshments provided

3:00 pm – Falls Prevention

This event is FREE of charge but you are asked to register by contacting Maggie Roach-Ganaway at 902.371.3883.



Community Pharmacist
Kristen Smith
Freemans Pharmacy
Inverness

