

# Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Please join us and pharmacist Tyler Kaupp (Pier Pharmasave) for this informative workshop.

**When: Thursday, February 14<sup>th</sup>, 2019**  
**10:00 am – 12:00 pm**

**Where: Canadian National Institutes for the Blind (CNIB)**  
**400 George St., Sydney**

**Please note:** This is a closed event. Please call Maggie Roach-Ganaway at 902.371.3883 for more information.

Did you know ...

**20%** of Nova Scotians are seniors

**28% - 40%** of all medication prescribed  
is for seniors

**30%** of all emergency room visits  
are drug related

  
**Caregivers**  
Nova Scotia  
for friends and family giving care