Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Please join us and Curt Chafe, Pharmacist at Fenwick Street Shoppers Drug Mart, for this informative workshop.

**When:** Monday, April 14th at 12:45 pm

**Where:** Spencer House Seniors Centre
5596 Morris Street, Halifax
(parking available on the street)

This event is FREE of charge but you are asked to register by calling Caregivers Nova Scotia at 421-7390.

Did you know ...

16.5% of Nova Scotians are seniors

28% - 40% of all medication prescribed is for seniors

30% of all emergency room visits are drug related

Presented by Caregivers Nova Scotia and Spencer House: A Community Centre for Older Adults