

# Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Please join us and pharmacist Tyler Kaupp (Paramount Pharmasave) for this informative workshop.

**When: Thursday, November 8<sup>th</sup>, 2018**  
**2:00 pm – 4:00 pm**

**Where: South Bar Fire Hall**  
**2144 NS-28**  
**South Bar, NS**

**This is a closed event.** Please call Maggie Roach-Ganaway at 902.371.3883 or our toll-free number: 1.877.488.7390 for more information about other upcoming workshops in your area.

Did you know ...

**20%** of Nova Scotians are seniors

**28% - 40%** of all medication prescribed  
is for seniors

**30%** of all emergency room visits  
are drug related

  
**Caregivers**  
Nova Scotia  
for friends and family giving care