

# Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Please join us, the NSCC Practical Nursing Students, and Sarah Boudreau (Walmart Pharmacy, Port Hawkesbury) for this informative workshop.

**When: Wednesday, May 25<sup>th</sup> at 12:30 pm**  
Refreshments provided

**Where: NSCC Strait Area Campus**  
**Rm #158 (across from cafeteria)**  
**226 Reeves St., Port Hawkesbury**

This event is FREE of charge but you are asked to register by calling Maggie Roach-Ganaway at 902.371.3883, or our toll-free number: 1.877.488.7390

Did you know ...

**18.3%** of Nova Scotians  
are seniors

**28% - 40%** of all  
medication prescribed  
is for seniors

**30%** of all emergency room  
visits are drug related



**Caregivers**  
Nova Scotia  
for friends and family giving care