Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Please join us and pharmacist Angela Johnson (Hubbards/Chester Pharmasave) for this informative workshop.

**When:** Wednesday, June 3rd at 1:30 pm

**Where:** Aspotogan Heritage Trust  
10 Pts. Richard Green Lane  
Hubbards

This event is FREE of charge but you are asked to register by calling Jennifer Briand at 902.521.5592 or our toll-free number: 1.877.488.7390

Did you know ...

18.3% of Nova Scotians are seniors

28% - 40% of all medication prescribed is for seniors

30% of all emergency room visits are drug related

Presented by Caregivers Nova Scotia Association