

Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Please join us and pharmacist Andrew Beresford for this informative workshop.

When: Tuesday, November 4, at 1:00 pm

**Where: Glace Bay Public Library
121 Union Street
Glace Bay**

This workshop is part of the Seniors' Safety Information Series. All events in the Series are FREE of charge, but you are asked to register by calling 902.849.8657.

For more information about this workshop or Caregivers Nova Scotia, call Maggie Roach-Ganaway at 902.371.3883.

Did you know ...

16.5% of Nova Scotians
are seniors

28% - 40% of all
medication prescribed
is for seniors

30% of all emergency room
visits are drug related

Presented by Caregivers Nova Scotia
and The Glace Bay Library




Caregivers
Nova Scotia
for friends and family giving care