Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Caregivers Nova Scotia has been invited by Community Links to deliver this workshop in partnership with Pharmacist Natalie Dexter of Lawtons Musquodoboit Harbour.

**When:** Thursday, June 7\(^\text{th}\) at 10:00 am

**Where:** Old School Community Gathering Place
7962 #7 Highway
Musquodoboit Harbour

To register for this event, please contact The Old School Community Gathering Place: 902.889.2735 or oldschoolmh@outlook.com

Did you know ...

- **20\%** of Nova Scotians are seniors (aged 65 or older)
- **28\% - 40\%** of all medication prescribed is for seniors
- **30\%** of all emergency room visits are drug related