Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Wednesday, January 14th, 2015
*Snow date – Wednesday, February 11th, 2015

9:30 am at the Goldboro Interpretive Centre,
12881 Highway #316 (refreshments will be served)
with Pharmacist Alison Myers of Haliburton Pharmacy
and

2:00 pm at the Shamrock Senior’s Centre
89 Queen St, Canso (refreshments will be served)
with Pharmacist Alex Wilson of Canso Pharmacy

This event is FREE of charge but you are asked to register by contacting: Ester Baker-Duggan at 902.387.2243
Miriam Allen at 902.328.2296, or
nscentral@ageingwelltogether.ca

Did you know ...

17% of Nova Scotians are seniors
28% - 40% of all medication prescribed is for seniors
30% of all emergency room visits are drug related

Presented by: