

# Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Please join us and Andrew Johnson, Pharmacist at Caledonia Pharmasave, for this informative workshop.

**When: Tuesday, March 31 at 1:00 pm**

**Where: Caledonia United Church  
1888 Hibernia Rd., Caledonia**

This event is offered in partnership with Community Links. It is FREE of charge but you are asked to register by calling Carla Malay, Community Links, at 902.682.2090.

Did you know ...

**17%** of Nova Scotians  
are seniors

**28% - 40%** of all  
medication prescribed  
is for seniors

**30%** of all emergency room  
visits are drug related

Presented by:

  
**Caregivers**  
Nova Scotia  
for friends and family giving care

