

Caregiver Support Group

Do you give unpaid care to

a parent?

a spouse?

a child?

a friend or relative?

Due to

frailty or advanced age?

a chronic illness?

a mental illness?

a disability?

You are not alone!

















Our **FREE** support group offers a confidential, friendly atmosphere for you to discuss your experiences, and receive helpful information in a supportive environment.

WHEN: 1st Thursday of each month from 10 am to 12 noon

WHERE: Greenwood United Church 98 Twining St, Baddeck (use Choir Room entrance on Grant St)

FOR MORE INFORMATION:

Call Maggie Roach-Ganaway at 902.371.3883 or 1.877.488.7390

www.CaregiversNS.org