Private Assisted, Supportive, & Independent Facilities in Western Nova Scotia (South Shore & South West)

Disclaimer: These facilities are private businesses and are not Nova Scotia Health Authority partners for the services offered below. **Caregivers Nova Scotia has not of the listings and therefore cannot approve, recommend, or endorse any one over another.** This information is provided as a starting point to care recipient caregivers considering private pay facility care.

Facility address/phone	Email, website, Facebook	# of Beds	Services	1 person transfer	2 person transfer	Continence care	Mobility assistance	Feeding assistance	Dementia care
Bridgewater Ridgewood Assisted Living 372 Aberdeen Road Bridgewater, NS 902.543.9304	info@ridgewoodbridgewater.ca https://www.facebook.com/RidgewoodAL www.ridgewoodbridgewater.ca	74	24 hour care, RN/LPN on staff, meds mgmt, meals, laundry, housekeeping, daily recreation, transportation, palliative care, respite care. Offer care solutions from independent living to end-of-life care. Optional: Hair Salon, Foot Care Nurse, Esthetics, Phlebotomist, Music Therapist. Phone/cable/internet included.	yes	yes	yes	yes	yes	yes
Ashwood Lodge Assisted Living 1012 Highway 10 Cookville, NS 902.527.6363	www.ashwoodlodge.ca ashwoodlodgeassistedliving@gmail.com Ashwood Lodge Assisted Living on Facebook	18 units	3 meals, snacks, personal care, housekeeping, laundry, medication administration, RN consultations, 24-hour care, transportation, palliative care, respite care	yes	no	yes	yes	yes	yes
Chester Heart to Heart in Home Care Cove Ridge Road Chester Basin, NS 902.275.1416	small private homes with 24 hour care www.hearttoheartlimited.com	12	24 hour LPN, meds, meals, laundry, personal care, transportation, housekeeping, palliative care	yes	yes	yes	yes	yes	yes

Shelburne Capeview Seniors Boarding Home PO Box 467 Clarks Harbour, NS 902.307.3510	rainydeveau@gmail.com	6 single and 4 double rooms	Meals, laundry, phone, internet, and help with some personal care	yes	no	yes	no	no	yes
Facility address/phone	**Email, website, Facebook**	**# of Beds**	**Services**	**1 person transfer**	**2 person transfer**	**Continence care**	**Mobility assistance**	**Feeding assistance**	**Dementia care**
Yarmouth Arbours of Tranquility Home for Seniors 55 Forest Street Yarmouth, NS 902.400.2579	arbourstranquil@eastlink.ca	8	meals, laundry, light assistance	yes	no	no	yes	no	no
Chez Kit Limited 808 Lakeside Road Yarmouth, NS 902.742.5356	chezkityarmouth@gmail.com	18 rooms	Independent living - meals, laundry, housekeeping, shower assist, medication distribution through blister packs	no	no	no	yes	no	mild
New Beginnings Senior Residence 187 Argyle Street Yarmouth, NS 902.742.3272	rachaeldaw03@gmail.com	18	Assisted living - 3 meals, personal care (including finger nails and toes), housekeeping, laundry, palliative care	no	no	yes	yes	yes	yes
Vancouver Place 46 Vancouver Street Yarmouth, NS 902.742.6060	46vancouver@gmail.com	17	24 hour care, laundry, meds mgmt, cable and internet	yes	yes	no	no	no	no
Yarmouth Heights 35 Highway 304 Yarmouth, NS	yarmouthheights@gemhealth.com	56	meals, laundry, housekeeping, 24 hour	yes	no	no	yes	yes	mild

902.881.5511			assistance						

Updated:

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Approximate Rate
Call to get rates
Call to get rates
$2,500 - $4,000 /month

$1,600 - $2,000 /month
Approximate Rate
Approx. $1,700/month but negotiable based on situation
$1,500 - $2,200 /month
$1,900/month
Call to get rates
$94 - $150/day

28/10/2026