Private Assisted, Supportive, & Independent Facilities in Western Nova Scotia (South Shore & South West)

Disclaimer: These facilities are private businesses and are not Nova Scotia Health Authority partners for the services offered below. **Caregivers Nova Scotia has not vetted each of the listings and therefore cannot approve, recommend, or endorse any one over another.** This information is provided as a starting point to care recipients and caregivers considering private pay facility care.

| Facility address/phone | Email, website, Facebook | # of Beds | Services | 1 person transfer | 2 person transfer | Continence care | Mobility assistance | Feeding assistance | Dementia care | Approximate Rate |
|--|---|---|---|----------------------|----------------------|--------------------|------------------------|-----------------------|------------------|-----------------------------|
| Bridgewater Ridgewood Assisted Living 372 Aberdeen Road Bridgewater, NS 902.543.9304 | info@ridgewoodbridgewater.ca www.ridgewoodbridgewater.ca @RidgewoodAL on Facebook | 62 | 24 hour care, LPNs, meds mgmt, meals, laundry, housekeeping, transportation, palliative care, respite care | yes | yes | yes | yes | no | yes | Call to get rates |
| Ashwood Lodge Assisted Living 1012 Highway 10 Cookville, NS 902.527.6363 | www.ashwoodlodge.ca ashwoodlodgeassistedliving@gmail. com Ashwood Lodge Assisted Living on Facebook | 18 units | 3 meals, snacks, personal care, housekeeping, laundry, medication administration, RN consultations, 24-hour care, transportation, palliative care, respite care | yes | no | yes | yes | yes | yes | Call to get rates |
| Chester Heart to Heart in Home Care Cove Ridge Road Chester Basin, NS 902.275.1416 | small private homes with 24 hour care www.hearttoheartlimited.com | 12 | 24 hour LPN, meds, meals, laundry, personal care, transportation, housekeeping, palliative care | yes | yes | yes | yes | yes | yes | \$2,500 - \$4,000 /month |
| Shelburne Capeview Seniors Boarding Home PO Box 467 Clarks Harbour, NS 902.307.3510 | rainydeveau@gmail.com | 6 single and 4 double rooms | Meals, laundry, phone, internet, and help with some personal care | yes | no | yes | no | no | yes | \$1,600 - \$2,000 /month |

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|---|-------------------------------|--------------|---|----------------------|-------------------|------------|---------------------|-----------------------|------------------|---|
| Yarmouth Arbours of Tranquility Home for Seniors 55 Forest Street Yarmouth, NS 902.881.3122 | arbourstranquil@eastlink.ca | 8 | meals, laundry, light assistance | yes | no | no | yes | no | no | Approx. \$1,700/month but negotiable based on situation |
| Chez Kit Limited 810 Lakeside Road Yarmouth, NS 902.742.1085 | chezkityarmouth@gmail.com | 18 rooms | Independent living - meals, laundry, housekeeping, shower assist, medication distribution through blister packs | no | no | no | yes | no | mild | \$1,500 - \$2,200 /month |
| New Beginnings Senior Residence 187 Argyle Street Yarmouth, NS 902.742.3272 | rachaeldaw03@gmail.com | 18 | Assisted living - 3 meals, personal care (including finger nails and toes), housekeeping, laundry, palliative care | no | no | yes | yes | yes | yes | \$1,900/month |
| Vancouver Place 46 Vancouver Street Yarmouth, NS 902.742.6060 | 46vancouver@gmail.com | 17 | 24 hour care, laundry, meds mgmt, cable and internet | yes | yes | no | no | no | no | Call to get rates |
| Yarmouth Heights 35 Highway 304 Yarmouth, NS 902.881.5511 | yarmouthheights@gemhealth.com | 56 | meals, laundry, housekeeping, 24 hour assistance | yes | no | no | yes | yes | mild | \$94 - \$150/day |

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