

# Private Assisted, Supportive, and Independent Facilities in Capital Region, Nova Scotia

Disclaimer: These facilities are private businesses and are not Nova Scotia Health Authority partners for the services offered below. **Caregivers Nova Scotia has not vetted each of the listings and therefore cannot approve, recommend, or endorse any one over another.** This information is provided as a starting point to care recipients and caregivers considering private pay facility care. Rate information accurate as of 2019.

Facility address/phone	Email, website, Facebook	# of Beds	Services	1 person transfer	2 person transfer	Continence care	Mobility assistance	Feeding assistance	Dementia care	Approximate Rate
<b>Bedford</b>										
The Berkeley Assisted Living 2 Convoy Run Bedford, NS 902.835.6222	theberkeley.com	64	2 meals; laundry; recreation; med mgmt; personal care; 24 hr staff; blood work	no	no	yes	assist only	no	mild to med	\$2,800- \$4,800/mo; no respite
<b>Dartmouth</b>										
Adult Courtesy Care – Assisted/Independent 103 Freshwater Trail Dartmouth, NS 902.4334.6878	bessie.boudreau@ns.sympatico.ca	4	meals; housekeeping; personal care	yes	yes	yes	yes	assist only	mild to med	varies
The Berkeley Assisted Living & Respite 35 Eisner Blvd Dartmouth, NS 902.434.9415	theberkeley.com	68	24 hr nurse; 2 meals; laundry; recreation; housekeeping; other services; respite	no	no	yes	no	no	mild	\$2,815- \$3,670/mo; respite \$200/day
Carter Seniors Care 81 Woodland Ave Dartmouth, NS 902.209.1314	cartercare@eastlink.ca carterseniorcare.com	6	meal prep; personal care; housekeeping; physiotherapy; palliative care	yes	yes	yes	yes	yes	mild to adv	\$3,800/mo



Facility address/phone	Email, website, Facebook	# of Beds	Services	1 person transfer	2 person transfer	Continence care	Mobility assistance	Feeding assistance	Dementia care	Approximate Rate
Parkland at the Lakes - Lewis Hall 124 Baker Dr Dartmouth, NS 902.407.0778	mbunker@shannex.com	18 assisted	3 meals; laundry; housekeeping; med mgmt; personal care; 24/7 staff; recreation	yes	yes	assist only	yes	assist only	mild	\$270-\$310 /day
Parkland at the Lakes - Lewis Hall, Enriched Care 124 Baker Dr Dartmouth, NS 902.407.0778	mbunker@shannex.com	36 furnished	3 meals, laundry; housekeeping; med mgmt; 24/7 staff; recreation, emerg response; tv/cable/ phone included	yes	yes	yes	yes	yes	yes	\$274-\$314 /day
Parkland at the Lakes - Lewis Hall, Memory 124 Baker Dr Dartmouth, NS 902-407-0778	mbunker@shannex.com	18 furnished	3 meals; 24 hr staff; linen service; house-keeping; personal care; recreation	yes	no	assist only	no	no	mild to med	\$4,975 - \$5,440/mo
<b>Halifax</b> The Berkeley - Assisted, Respite, Dementia 5266 Green St Halifax, NS 902.429.2222	halifax@theberkeley.com	52	2 meals; laundry; 24 hr nursing; dementia/memory - care floor;	no	no	yes	yes	no	all levels	\$2,800 - \$6,500/mo; \$200/day respite stays
The Berkeley - Assisted Living 2633 Gladstone St Halifax, NS 902.492.3700	theberkeley.com	65	2 meals; 24 hr nursing; laundry; housekeeping; recreation; <b>no respite</b>	no	no	yes	assist only	no	mild	\$2,980 - \$4,645/mo

Facility address/phone	Email, website, Facebook	# of Beds	Services	1 person transfer	2 person transfer	Continence care	Mobility assistance	Feeding assistance	Dementia care	Approximate Rate
Melville Heights - Independent Living 24 Ramsgate Ln Halifax, NS 902.477.3313	melvilleheights.com	101 apts	evening meal only; med mgmt; nursing care; housekeeping; emerg response	no	no	no	no	no	mild	\$2,900-\$4,000/mo
Northwood - Independent Living 5534 Almon Place Halifax, NS 902.440.2574	information@nwood.ns.ca	66	completely independent	no	no	no	no	no	no	\$695-\$946/mo
Northwood Towers - Independent 2641 Northwood Terr Halifax, NS 902.440.2574	information@nwood.ns.ca	66 Tower	completely independent	no	no	no	no	no	mild	\$645-\$749/mo
Northwood Manor - Assisted 2630 Gottigen St, Floor 2 Halifax, NS 902.440.2574	information@nwood.ns.ca	18 apts	3 meals; laundry; housekeeping; <u>no</u> personal care; med mgmt; emerg response	no	no	no	no	no	mild	\$2,545-\$3,995/mo
Northwood Manor - Supportive 2630 Gottigen St, Floors 3, 4, 6, 7, 8 and 9 Halifax, NS 902.440.2574	information@nwood.ns.ca	82 apts	supper; laundry; housekeeping; emerg response; med monitoring	no	no	no	no	no	mild	\$1,695-\$2,349/mo

Facility address/phone	Email, website, Facebook	# of Beds	Services	1 person transfer	2 person transfer	Continence care	Mobility assistance	Feeding assistance	Dementia care	Approximate Rate
Parkland at the Gardens 5732 College St Halifax, NS 902.406.8900	ppelrine@shannex.com	100 ind; 25 enr; 25 assisted	Housekeeping - all; Ind - 2 meals; Enr and Assisted - 3 meals & personal care	Enr only	Enr only	Enr & Assisted	Enr only	Enr only	no danger to self or others	\$3,520-\$10,009/mo
Parkland - Clayton Park, Aberdeen Hall 118 Fairfax Dr Halifax, NS 902.457.0234	slandry@shannex.com	Retirement Living	3 meals; laundry, car service; 24 hr staff; emerg response; housekeeping; recreation; parking	no	no	no	no	no	no	\$3,310-\$4,720/mo
Parkland - Clayton Park, Bradford Hall 116 Fairfax Dr Halifax, NS 902.457.0234	slandry@shannex.com	Assisted Living	3 meals; laundry, car service; 24 hr staff; emerg response; housekeeping; recreation; parking	no	no	yes	no	no	no danger to self or others	\$4,355-\$4,870/mo
Parkland - Clayton Park, Cameron Hall 114 Fairfax Dr Halifax, NS 902.457.0234	slandry@shannex.com	Retirement Living	1 meal; linen service; emerg response; house-keeping; recreation; parking; car service	no	no	no	no	no	no	\$3,175-\$4,525/mo
Parkland - Clayton Park, Drummond Hall 65 Prestwick Close Halifax, NS 902.457.0234	slandry@shannex.com	Full Care	3 meals; laundry; housekeeping; med mgmt; personal care; recreation	yes	yes	yes	yes	yes	no danger to self or others	\$8,300/mo; \$272/day

Facility address/phone	Email, website, Facebook	# of Beds	Services	1 person transfer	2 person transfer	Continence care	Mobility assistance	Feeding assistance	Dementia care	Approximate Rate
Parkland Clayton Park, Evan Hall 156 Parkand Dr Halifax, NS 902.457.0234	slandry@shannex.com	Memory Care	3 meals; laundry; housekeeping; med mgmt; personal care; recreation	no	no	yes	no	no	Full memory care	\$5,025/mo
Victoria Hall Society, Caritas Residence 215 Seton Rd Halifax, NS 902.422.3969	victoriahall.ca victoriahall@bellaliant.net	16	med mgmt; assist w stocking/showers only; laundry; house-keeping; recreation	yes	no	self-managed	no	no	mild	\$2,762/mo
<b>Hammonds Plains</b> The Madeline - Assisted Living 1616 Pockwock Rd Hammonds Plains, NS 902.406.9563	jpeterston@themadeline.ca themadeline.ca	9	meals; laundry; personal care; med mgmt; house-keeping; 24/7staff	yes	yes	yes	yes	yes	full dementia care	\$3,500-\$5,500/mo
Kingswood Residence - Assisted Living 15 Brenda Dr Hammonds Plains, NS 902.835.4998	contact@kingswoodresidence.com kingswoodresidence.com	7	24 hr staff; 3 meals; housekeeping; laundry; personal care; recreation	no	no	yes	resident must be ambulatory	assist only	mild	\$3,500/mo
<b>Hubley</b> Sheldrake Lodge 3641 St Margaret's Bay Rd Hubley, NS 902.876.1205	info@sheldrakelodge.ca sheldrakelodge.ca	7	long-term care; palliative care; respite care; 3 meals; med mgmt; oxygen; 24/7 RN	yes	no	yes	yes	yes	mild to adv	\$4,100-\$6,200/mo

Facility address/phone	Email, website, Facebook	# of Beds	Services	1 person transfer	2 person transfer	Continence care	Mobility assistance	Feeding assistance	Dementia care	Approximate Rate
<b>Lower Sackville</b> MacKeigan's Guest Home 60 Nappan Drive Lower Sackville 902.252.0037 or 902.579.5440	denismackeigan@yahoo.com	4	med mgmt; meals; snacks; personal care; appts; laundry; ROM; activities	yes	yes	yes	yes	yes	yes; if non-violent	\$100 - \$200 for 24 hr care; \$13 - \$20/hr
<b>Waverly</b> The Adelaide - Senior Care Home 2512 Rocky Lake Rd Waverly, NS 902.576.7000	info@adelaideseniorcare.ca	15	meals; laundry; housekeeping; personal care; respite care; palliative care	yes	yes	yes	assist only	yes	mild to adv	\$4,400- \$6,000/mo; \$146.66/day
<b>Windsor</b> REAL Residence Inc. - Assisted Living 122 Windsor St Windsor, NS 902.472.2320 or 902.497.5058		6	meals; personal care; med mgmt	yes	yes	yes	assist only	assist only	no danger to self or others	assessed individually