

Private Assisted, Supportive, and Independent Facilities in Capital Region, Nova Scotia

Disclaimer: These facilities are private businesses and are not Nova Scotia Health Authority partners for the services offered below. **Caregivers Nova Scotia has not vetted each of the listings and therefore cannot approve, recommend, or endorse any one over another.** This information is provided as a starting point to care recipients and caregivers considering private pay facility care.

Facility address/phone	Email, website, Facebook	# of Beds	Services	1 person transfer	2 person transfer	Continence care	Mobility assistance	Feeding assistance	Dementia care	Approximate Rate
Bedford The Berkeley Bedford - Retirement Living (Independent & Assisted) 2 Convoy Run Bedford, NS 902.835.6222	theberkeley.com jenn.walker@theberkeley.com	64 apts	2 meals/day, weekly housekeeping and flat linen laundry, daily activities, 24-hour health care staff, utilities, shuttle. Additional: medication administration, personal care, personal laundry, foot care, and more. Trial and respite stays available.	no	no	yes	assist only	no	mild	\$3,400+/month
Dartmouth Adult Courtesy Care - Assisted/Independent 103 Freshwater Trail Dartmouth, NS 902.4334.6878	bessie.boudreau@ns.sympatico.ca	4	meals; housekeeping; personal care	yes	yes	yes	yes	assist only	mild to med	varies
The Berkeley Dartmouth 35 Eisner Boulevard Dartmouth, NS 902.434.9415	theberkeley.com jenn.walker@theberkeley.com	67 apts	2 meals/day, weekly housekeeping and flat linen laundry, daily activities, 24-hour health care staff, utilities, shuttle. Additional: medication administration, personal care, personal laundry, foot care, and more. Trial and respite stays available.	no	no	yes	assist only	no	mild	\$3,250+/month
Carter Seniors Care 92 Woodland Avenue Dartmouth, NS 902.209.1314	cartercare@eastlink.ca carterseniorcare.com	3	meal prep, personal care, housekeeping, physiotherapy, palliative care	yes	no	yes	yes	yes	mild to adv	\$4,500 - \$5,500 /month
Golden Memories Residence Inc. 373 Portland Hills Drive Dartmouth, NS 902.407.5825 or 902.209.1813	mayflower_healthcare@live.ca mayflowerhomecare.com	6	24 hour care, palliative care, respite, personal care, companionship, housekeeping, meds mgmt, recreation, rehabilitation	yes	yes	yes	yes	yes	yes	Assessed individually

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Parkland at the Lakes - Lewis Hall, 124 Baker Dr Dartmouth, NS 902-407-0778	mbunker@shannex.com	18 furnished	3 meals; 24 hr staff; linen service; house-keeping; personal care; recreation	yes	no	assist only	no	no	mild to med	\$4,975 - \$5,440 /mo
Halifax The Berkeley - Assisted, Respite, Dementia 6240 Pepperell Street Halifax, NS 902.429.2222	halifax@theberkeley.com jenn.walker@theberkeley.com	75 apts	2 meals/day, weekly housekeeping and flat linen laundry, daily activities, 24-hour health care staff, utilities, shuttle. Additional: medication administration, personal care, personal laundry, foot care, and more. Trial and respite stays available.	no	no	yes	assist only	yes	mild to mod	\$3,865+/month
The Berkeley - Assisted Living 2633 Gladstone Street Halifax, NS 902.492.3700	theberkeley.com jenn.walker@theberkeley.com	70 apts	2 meals/day, weekly housekeeping and flat linen laundry, daily activities, 24-hour health care staff, utilities, shuttle. Additional: medication administration, personal care, personal laundry, foot care, and more. Trial and respite stays available.	no	no	yes	assist only	no	mild	\$3,520+/month
Melville Heights - Independent Living 24 Ramsgate Lane Halifax, NS 902.477.3313	melvilleheights.com	89 apts + 21 assisted living	2 meals, housekeeping, emergency nursing care, meds mgmt, additional services available for purchase	no	no	no	no	no	very mild	\$3,000-\$4,100 /month
Northwood Almon Place - Independent Living 5534 Almon Place Halifax, NS 902.440.2574	ljenkins@novacorpproperties.com	66	completely independent	no	no	no	no	no	no	\$743 - \$1,013 /month
Northwood Towers - Independent Living 2641 Northwood Terrace Halifax, NS 902.440.2574	ljenkins@novacorpproperties.com	66 Tower	completely independent	no	no	no	no	no	no	\$645 - \$749/month

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Northwood Manor - Assisted Living 2630 Gottingen Street, Floor 2 Halifax, NS 902.440.2574	ljenkins@novacorpproperties.com	18 apts	3 meals, laundry, housekeeping, <u>no</u> personal care, medication assistance, emergency response, once a week shower assist	no	no	no	no	no	mild	\$2,655 - \$4,142 /month
Northwood Manor - Supportive Living 2630 Gottingen Street, Floor 3, 4, 6, 7, 8 & 9 Halifax, NS 902.440.2574	ljenkins@novacorpproperties.com	82 apts	supper, laundry, housekeeping, emergency response, medication monitoring	no	no	no	no	no	mild	\$1,895-\$2,009 /month for single occupancy
Parkland at the Gardens 5732 College Street Halifax, NS 902.406.8900	vroberts@shannex.com vroberts@shannex.com	100 Ind; 25 Enr; 25 Assisted	Housekeeping - all; Ind - 2 meals; Enr and Assisted - 3 meals & personal care	Enr & Assisted	Enr only	Enr & Assisted	Enr only	Enr only	no danger to self or others	\$4,225/month indiv; up to \$12,225/month one bedroom Enr
Parkland - Clayton Park, Aberdeen Hall 118 Fairfax Drive Halifax, NS 902.457.0234	slandry@shannex.com	63 suites; studio, 1, & 2 bedrm units	3 meals, personal laundry and linen service, car service, 24-hour staff, emergency response, housekeeping, recreation, parking, spacious grounds, option of meds mgmt, onsite doctor's clinic	no	no	no	no	no	very early	\$3,800 - \$4,450 /month
Parkland - Clayton Park, Bradford Hall 116 Fairfax Drive Halifax, NS 902.457.0234	slandry@shannex.com	60 suites; studio & 1 bedrm units	3 meals, personal laundry and linen service, car service, 24-hour staff, emergency response, housekeeping, recreation, parking, spacious grounds, meds mgmt, weekly doctor's rounds, assistance from care team, onsite doctor's clinic	no	no	assist only	no	no	early; no danger to self or others	\$4,825 - \$5,395 /month
Parkland - Clayton Park, Cameron Hall 114 Fairfax Drove Halifax, NS 902.457.0234	slandry@shannex.com	105 suites; studio, 1 & 2 bedrm units	1 meal, linen service, emerg response, housekeeping, recreation, parking, car service, spacious grounds, option of meds mgmt, onsite doctor's clinic	no	no	no	no	no	no	\$3,375 - \$5,425 /month

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Parkland - Clayton Park, Drummond Hall 65 Prestwick Close Halifax, NS 902.457.0234	slandry@shannex.com	32 studio suites; 4 family suites	3 meals, laundry, housekeeping, meds mgmt, personal care, recreation, full nursing care, parking, spacious grounds, weekly doctor's rounds, onsite doctor's clinic, dietician supervised menu, physiotherapist to check safe transfers, mechanical lifts, able to assist with palliative care	yes	yes	yes	yes	yes	no danger to self or others	\$10,000/month; \$1,329/day
Parkland Clayton Park, Evan Hall 156 Parkand Dr Halifax, NS 902.457.0234	slandry@shannex.com	28 private rooms w/private bath	3 meals, laundry, housekeeping, meds mgmt, personal care, recreation, onsite doctor's clinic, weekly doctor's rounds, dietician supervised menu, incontinence products package available	no	no	yes	no	no	Full Memory Care	\$5,875/month
Victoria Hall Society, Caritas Residence 215 Seton Rd Halifax, NS 902.422.3969	victoriahall.ca victoriahall@bellaliant.net	16	meds mgmt, assist with stocking/showers only, laundry, housekeeping, recreation	yes	no	self-managed	no	no	mild	\$2,762/mo
Hammonds Plains The Madeline - Assisted Living 1616 Pockwock Road Hammonds Plains, NS 902.406.9563	jpeterston@themadeline.ca themadeline.ca	9	meals, laundry, personal care, meds mgmt, housekeeping, 24/7 staff	yes	yes	yes	yes	yes	full dementia care	\$4,500-\$6,000 /month
Kingswood Residence - Assisted Living 15 Brenda Drive Hammonds Plains, NS 902.835.4998	contact@kingswoodresidence.com kingswoodresidence.com	7	24-hour staff, 3 meals, housekeeping, laundry, personal care, recreation	no	no	yes	resident must be ambulatory	assist only	mild	\$3,500/mo

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Hubley Sheldrake Lodge 3641 St Margaret's Bay Road Hubley, NS 902.876.1205	info@sheldrakelodge.ca sheldrakelodge.ca	7	long-term care, palliative care, respite care, 3 meals, meds mgmt, oxygen, 24/7 RN, doctor	yes	no	yes	yes	yes	mild to adv	\$4,800 - \$5,700 /month; \$1,250 /week for respite
Lower Sackville MacKeigan's Guest Home 60 Nappan Drive Lower Sackville 902.252.0037 or 902.579.5440	denismackeigan@yahoo.com mackeigansguesthome.ca	4	meds, meals, snacks, personal care, shaving, nails, appts, laundry, ROM, activities, music, baking, 24-hour care, etc.	yes; must weight bear	yes; must weight bear	yes	yes	yes	yes; if non-violent	\$100-\$200 for 24 hr care; \$13-\$20/hr
Windsor REAL Residence Inc. - Assisted Living 122 Windsor Street Windsor, NS 902.472.2320 or 902.497.5058	info@resteasyliving.ca	6	meals, personal care, meds mgmt	yes	yes	yes	assist only	assist only	no danger to self or others	assessed individually

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