

EASTERN & HRM - PRIVATE HOMECARE PROVIDERS

NOTE: Caregivers Nova Scotia does not vet private care providers. It is the responsibility of the caregiver who is hiring their own staff to screen and interview carefully. These individuals have never been screened and are not being recommended in any way. We will do our best to keep this list updated, twice yearly. Please let us know if any of these numbers or services are unavailable.

| NAME | AREA | PHONE # | RATES | OTHER | LANGUAGE PROFICIENCIES |
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| Eastern region | | | | | |
| Pat Buote | Porters Lake area through to Ship Harbour | 902.483.3172 (Cell) patbuote@hotmail.com | \$25/hour, negotiable | Dayshift, meal prep, personal care, respite care, palliative care, light housekeeping, companion care, errand services. | English |
| Helen Dodsworth | Lake Echo area through to cheezetcook, Lawrencetown and Musquodoboit Harbour | 902.233.9474 (Cell) hdodsworth@eastlink.ca | \$25/hour | Dayshift, meal prep, personal care, respite care, light housekeeping, companion care services, transportation and groceries. | English |
| Margaret Ann Misener | Prefers Dartmouth/Cole Harbour/Eastern Passage/Woodside/Cow Bay | 902.880.8178 | \$25/hour | Companion care, light house keeping, meal prep, personal care and errands. | English |
| Lynn Robia | Lake Echo area through to Ship Harbour | 902.845.2092 (Cell) alwaysbroken66@hotmail.com | \$18/hour | Dayshift only, meal prep, personal care, respite care, palliative care, light housekeeping. | English |
| Raj Selva | Musquodoboit Harbor, Jedd | 902.440.7904 raj.selva2468@gmail.com | \$36/hour | First Aid and CPR Certified, Trained on Hoe Lifting, Certified to work with Dementia patients. Services include: meal prep, respite, errands, personal care, companionship and administration of medication. Pet-friendly, can work overnight. | English |
| HRM region | | | | | |
| Kiranmayi Akella | Halifax, Bedford, Clayton P | 902.210.1434 ramakiran143@gmail.com | From \$24-30/hour, extra 60cent/km for milage | CCA, working as a CTA at Victoria General Hospital and part-time as respite worker with Autism Nova Scotia. Worked in home care before. Services provided: meal prep, respite care, ADLs and IADLs. Cannot work overnight and is afraid of pets. | English, Hindi, Telugu |
| Carolyn Albert | Bedford, Fairview, Clayton P | 902.209.7169 carolyn_albert@hotmail.com | \$25/hour | Companionship, errands, grocery shopping, housekeeping, laundry, meal prep, med reminders, personal care, respite and palliative care. Over 15 years experience. | English, French |
| Orinthia Alridge | HRM | 902.440.9765 | Negotiable | Personal care and meal prep. Available Monday-Thursday, 8 a.m.-2 p.m. and 11 p.m.- 7 a.m. overnight. ADL trained in all Mechanical Lifts and Most Assistive Devices. Over 15 years experience. Loves taking care of elderly and newborn babies, cannot work in houses with pets. Has a car. | English |
| Geoff Bacheyie | Halifax Fairview/Dartmouth westphal & Cole Harbour | 902.401.7735 bach3523@gmail.com | \$25/hour | Companionship Care, Personal Care, Medication Awareness. Meal Prep. Light housework. Safe Mobility Transfers. Palliative Care. | English |
| Bitu Badalkhani | HRM | 902.989.8609 | Negotiable | Personal care, light housekeeping, meal prep, medications, errands/appointments | Limited English/Farsi/Azeri/Turkish |
| Isabel Barteaux | HRM | 902.349.5553 izzybarteaux@gmail.com | \$25/hour | Nursing school student, personal care, vitals, will do overnights, ok with pets | English |
| Mya Bleich | HRM | 782.640.1040 myableich97@gmail.com | \$23-27/hr | Housekeeping, meal prep, errands, activities, palliative care, companionship, personal care, etc. | English |
| Arlene Croft | HRM | 902.817.6840 mustardseedexpress@hotmail.com | \$20/hour and overnight is \$250/day | Respite, housekeeping, cleaning, cooking, personal care, appointments, grocery shopping, etc. Will do overnight and longer periods. | English |
| Sharon Dacey | Hammonds Plains area | 902.471.5240 sharondacey1@gmail.com | \$25/hour | Retired CCA. Willing to do personal care, light housekeeping, companionship, and run errands. | English |
| Leo Doiron | West Hants, Kings as far as Aylesford, Mt Uniacke, most HRM | 902.471.5361 leodoiron@gmail.com | \$27.50+ (flexible based on need) | Certified in First Aid. Services include respite, meal prep, cooking, pet care/walks, errand and appointments, light housekeeping. Pet-friendly and can take care of them too. Would consider to do night depending on the situation. | English, basic French |
| Darlene Decoste | Dartmouth, Cole Harbour | 902.293.8023 | \$20/hour, negotiable | Days or evenings. Personal care, respite care, light housekeeping, companion care, errand services, meal prep, and recreational outings. | English |
| Francisca Etayokha | Halifax, Dartmouth and Truro | 782.882.9224 | \$19-\$23 | General personal care, respite care, meal prep, house keeping and a lot more. Pet-friendly and can do nights | English |

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| Chidimma Cynthia Ezeobata | Halifax, Bedford, Dartmouth (anywhere the transit can take me to) | 514.431.4208 chidimmanwalife@yahoo.com | \$20/hour | Day shift, overnight shift, evening shift, respite care, personal care, housekeeping, meal preps and so on | English |
| Kashyap Goswami | HRM | 9029791613 kashyap7111@gmail.com | \$25/hour, negotiable | Home care, Personal care, Cleaning, Housekeeping, Meal prepare and feeding , Companionship and mental health support, 7 essential training certificates. Can do overnights, pet-friendly. | English, Hindi |
| Leslyn Graham | Spryfield, Clayton Park, Larry-Utech | 902.402.1985 leslyngraham@gmail.com | \$20/hour | Certified CCA. Baby sitting, respite, light housekeeping, companionship care. Overnight care. | English |
| Wanda Hoben | Dartmouth and Close by | 902.329.1718 w.hoben@eastlink.ca | \$20/hour | Former EPA and respite worker with Autism NS. Is flexible with times, will do meal prep, companion care, recreation and personal care. | English |
| Brianna Hosking | Dartmouth, Bedford, Sackville, Halifax, East Hants, Hammonds Plains | 902.402.4860 briannahosking777@gmail.com | \$25/hour (on average, depends on the specific needs) | Several years working with children/teens/youth with autism, mental health and behavioural challenges. Valid criminal and vulnerability check, child abuse registry check, getting First Aid certification. Took several courses: Social Psychology, Communications, Sociology, Psychology of leadership. Services: companionship, routine support and behaviour management, skill-building activities. I take detailed notes and provide regular progress reports. Pet-friendly and can work nights. | English |
| Hira Ismail | Halifax | 438-927-9188 | \$25/hour | Personal care, housekeeping, meal prep, companionship. Knowledgeable about dementia and especially Alzheimer's. Pet-friendly and can work nights. | English, Portuguese, Hindi |
| Laura MacDonald | HRM | 902.402.7497 lmacdonald2202@hotmail.com | \$20-\$25/hour | CCA certified. Respite, dementia care, personal care, housekeeping, meal prep, errands. Ok with pets, no overnights. | English |
| Shirley MacIntyre | Halifax Bedford area | 902.229.8454 | \$25/hour | Was a caregiver to husband with dementia for 11 years till his passing. After that worked in Northwood as a CSA helping with serving food and feeding clients. Services include: walks, errands, meal prep. Unable to do physical care (senior myself), unable to work nights. Pet-friendly. Can start with two 4 hour shifts/week | English |
| Paula Mackary | Halifax, Spryfield, Fairview | 902.405.6926 | \$20/hour | Personal Care, meal prep, respite and housekeeping | English |
| Heidi MacKay | Halifax and Bedford | 902.229.6358 hnmackay123@hotmail.com | Negotiable | Dayshift, light & heavy housekeeping, personal care, meal prep, respite & companion care. | English, German |
| Belinda Marriott | St, Margaret's Bay - Tantallon | 902.223.6210 bhazelmarriott@hotmail.com | \$25/hour | Companionship, errands, groceries shopping, housekeeping, laundry, meal prep, med reminders, personal care, respite care, lots of experience with dementia patients, 36 years of experience | English |
| Melin Mathew | HRM | 249.876.6258 | \$25/hour | Experience as a caregiver, PG in Health Care Management. Services include: meal prep, housekeeping, respite, errands, personal care, etc. Pet-friendly, willing to do overnights | English, Malayalam, Hindi, Tamil |
| Margaret Ann Misener | Prefers Dartmouth/Cole Harbour/Eastern Passage/Woodside/Cow Bay | 902.880.8178 | \$22 - \$25/hour | Companion care, light housekeeping, meals, assist with bathing, run errands. | English |
| Samantha Morash | Cole Harbour /Dartmouth | 902.476.1083 samanthamorash14@gmail.com | \$20/hour negotiable | Day shifts, light housekeeping, meal prep, respite care. | English, some French |
| Salau Afusat Moyosore | Halifax, Bedford, Dartmouth | 782.409.8892 | \$20/hourly | Personal care, laundry, meal preparation, light housekeeping, and companionship, will do overnights. No pets | English |
| Manideep Narakula | Halifax, Bedford, Sackville areas | 782.882.0462 mnarakula09@gmail.com | \$18 - \$25/hour | Day or evening. Companionship, errands, groceries shopping, housekeeping, laundry, meal prep, med reminders, personal care, respite and palliative care. Over 2 years experience. | English, Hindi, Benugu |
| Ekene Joy Nwanze | Halifax, Dartmouth, Truro and Pictou | 431.293.9844 | \$24/hour | CCA & First Aid certified. Provide personal care, respite, companionship, light housekeeping and more. Available to work nights and pet-friendly. | English |

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| Ruth Onyeajam | Timberlea, Beachville, Lakeside, Tantallon, Clayton Park, Fairview, Larry-Utech, Bedford, Hammonds Plains, Armdale and Spryfield | 902.943.3963 ruthonyejam@gmail.com | \$25/hour | Certified CCA. Babysitting, respite care, meal prep, errands, laundry, light housekeeping, companionship care, overnight care | English |
| Jacqueline Ouellet | HRM and Reservations in NS | 902.817.2855 Jacqueline.ouellet@gmail.com | \$23 per hour – negotiable | Compassionate companionship, meal preparation, personal care, housekeeping. Certificates in End- of-Life Doula, First Nations Cancer Care, First Nations Elder Care, First Nations Supporting Natural Caregivers, Palliative/End-of-Life Care in Indigenous Communities, and full training in Hospice Palliative Care Ontario. | English |
| Victoria Parker | Bedford/Sackville | 902.221.5628 | \$20/hour | Companionship, errands, light Meal preparation, personal care, respite, and light housekeeping. Will do overnights. | English |
| Selva Pavade | Halifax and Dartmouth region up to Lake Charlotte | 902.580.0983 pavade.selva@gmail.com | \$27/hour | 35+ years of experience. Services include: meal prep, housekeeping, respite, errands, personal care, companionship, taking for walks, medication administration. Pet- friendly and ready to work overnight. | English |
| Paige Price | HRM area | 902.809.5229 Paigeprice01@hotmail.com | \$25/hour | Certified CCA (Nova Scotia), emergency medical responder with EHS, basic lifesaving certification, first aid with heart and stroke foundation. Up-to-date criminal record and vulnerable sector check. Help with medication administration (inter-muscular, inter-nasal and oral medication), meal prep, respite, light house keeping, errands, personal care. Ok with pets, can work 9 am – 4 pm | English |
| Tracey Provost | HRM | 902.219.4652 traceyspreciousmoments@outlook.com | \$35/hour | Minimum shift is one hour. Dayshift (Mon - Fri). Companionship, errands, meal preparations, and more. Will do free consultations. Will provide references. | English |
| Ramlat Ola Raheem | Clayton Park, Bedford, Halifax | 782.882.6009 olayinkaraheem2906@yahoo.com | \$25/hour | Personal care, light housekeeping, respite care, companionship, day and night shifts | English |
| Meaghan Ryerson | Lawrencetown Beach, Cole Harbour, Downtown Dartmouth, Burnside, Sackville, Bedford, other surrounding areas close by. Windsor. | 1-902.844.0301 Leave voicemail if no answer Meaghan.ryerson1@gmail.com | \$24/hour | Graduated from NSCC with my continuing care education in 2017 and have 2 years experience in a nursing home along with 2.5 years working for the VON in the Annapolis Valley. My earliest start time would be 7am; no weekends. Will do personal care, meal prep & serve, light housekeeping, respite, errands and other tasks may be negotiable. | English |
| Denise Samms | HRM | 709.214.2753 | \$20-\$25/Hour | Personal care, dementia care, meal prep, housekeeping, companionship, errands | English |
| Kwaku Sampong | Halifax, Dartmouth (travels by bus) | 902.403.0282 | \$20/hour | Personal Care, exercises, light housekeeping, meal preparation and companionship. | English |
| Raj Selva | Musquodoboit Harbor, Jeddore, Porters Lake, Dartmouth, Halifax, Lawrencetown, Lake Charlotte, Waverly | 902.440.7904 raj.selva2468@gmail.com | \$36/hour | First Aid and CPR Certified, Trained on Hoe Lifting, Certified to work with Dementia patients. Services include: meal prep, respite, errands, personal care, companionship and administration of medication. Pet-friendly, can work overnight. | English |
| Vidhi Shah | Halifax, Dartmouth, Bedford, Sackville | 902.919.6401 shahvidhih@gmail.com | \$18 - \$25/hour | Day or evening. Companionship, errands, groceries shopping, housekeeping, laundry, meal prep, med reminders, personal care, respite and palliative care. Over 2 years experience. | English, Hindi |
| Parinkumar Shah | Halifax, Dartmouth, Bedford, Sackville | 249.876.0754 | \$18 - \$25/hour | Day or evening. Companionship, errands, groceries shopping, housekeeping, laundry, meal prep, med reminders, personal care, respite and palliative care. Over 2 years experience. | English |
| Natawyah Smith-Kelly | Clayton Park, Larry Uteck, Bedford, North End, South End | 647.779.0873 natawyahsmithkelly@gmail.com | \$25/hour | Personal care, meal prep, respite, light housekeeping and laundry | English |
| Rayeanne Zunic | Lakeside, Halifax, North End, Fairview, Clayton Park | 782.414.1019 | \$25-30/hour | Took a 6-week dementia care course and am happy to work with dementia patients. Other services include: light house keeping, meal prep, companionship, walking. Works in customer service for 35 years, honing my communication skills, empathy, adaptability and problem-solving. Cannot do nights but it might change, as I get comfortable with the client. Happy with pets at home, as long as they're friendly. | English and French |
| | | | | | July 21, 2025 |