

## CAPE BRETON COUNTY - PRIVATE HOMECARE PROVIDERS

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We do our best to keep this list current and update it at least twice a year. If you notice any information that's out of date or no longer accurate, please let us know, your feedback helps us serve others better.

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NAME	AREA	PHONE #	RATES	OTHER	LANGUAGE PROFICIENCIES
Denise Downey	Cape Breton Island coverage NFLD Lady	709.955.2277 709.695.0554	Negotiable	Personal care, meal prep, light housekeeping, respite, and overnight	English/
Maude Farrell	Cape Breton Island coverage NFLD Lady	709.955.2277 709.695.0554	Negotiable	Personal care, meal prep, light housekeeping, respite, and overnight	English/
Gabrielle Hiscock	Glace Bay and surrounding area	902.322.2120	Negotiable	Personal care, meal prep, light housekeeping, respite, and overnight	English/
Sweta Kim	Sydney, Glace Bay and surrounding areas	902.402.5703 swetakimsuri@icloud.com	\$20/hour	Certifications in dementia care, First Aid, CPR & AED, WHMIS, Personal Care, Light housekeeping, Meal Prep, Errands, Ok with pets	English
Cathy MacDonald	Cape Breton: Northside Area and as also Victoria Country as far as Big Bras d'Or, Ross's Ferry	902.371.1861 cathymacdonald@icloud.com	\$25/hour	Registered nurse. Personal care, meal prep, light housekeeping, respite, medication administration. Can work nights, cannot work in a house with pets.	English
Tammy MacDougall	Glace Bay and surrounding area	902.304.8034	Negotiable	Personal care, meal prep, light housekeeping, respite, and overnight	English
Gail MacIntyre	Sydney & surrounding area	902.884.2286	Negotiable	Personal care, meal prep, light housekeeping, respite, and overnight	English
Lena Mahoney-Petrie	CBRM	902.304.3198 healthsitter61@gmail.com	\$25/hour, overnight rates available	CPR/Standard First Aid and Mental Health First Aid certified. Non-violent Crisis Intervention certified. Food Safe Handling course. Services include: respite, dementia care, light personal care, meal prep, pet care and compassionate activities (reading, puzzles, crafts, cards)	English, some phrases in French, Mikmaq, Sinhalese
Phyllis McNeil	Sydney, Sydney River and Westmount area	902.304.4244	\$25/hour	Personal care, meal prep, light housekeeping and respite.	English
Nancy Paruch	Sydney	902.294.0721 toshski60@gmail.com	\$20+/hr	Companionship, compassionate care, some personal care, meal prep, light housekeeping, arts and crafts, respite, etc.	English
Denise Samms	Sydney, Glace Bay and surrounding areas	709.214.2753	\$20-\$25/Hour	Personal care, dementia care, meal prep, housekeeping, companionship, errands	English
Stephanie Seaboyer	Sydney and surrounding areas	902.919.4566	\$20/hour	Certifications in CPR, First Aid, Food handling course, CCA certified, meal prep, lifts for transfers, companionship, respite, appointments and errands Ok with pets (kenned during personal care) can do days and evenings	English
Cindy Selvet	Sydney & surrounding area	902.371.9208	Negotiable	Personal care, meal prep, light housekeeping, respite, and overnight	English
Okoye Ogechi Tessy	Cape Breton, Sydney Mileage: up to 124 km	tessyokoye22@gmail.com (preferred) 902.448.7869	\$20/hour	CCA, First Aid, WHIMS and Food Safety certified, studied Dementia care. Services include: personal care, light housekeeping, meal prep, companionship and errands.	English

Matthew Townsend	North Sydney, Sydney, Baddeck, St. Ann	902.879.0280	\$25/hour	CCA, Food Handler, First Aid. Services include: personal care, light housekeeping, companionship, anything to help. Pet-friendly, can work nights.	English
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### INVERNESS COUNTY - PRIVATE HOMECARE PROVIDERS

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NAME	AREA	PHONE #	RATES	OTHER	LANGUAGE PROFICIENCIES
Michelle Bona, CCA	Port Hawkesbury, L'Ardoise, Arichat, River Bourgeois	902.793.3019 902.587.2220	\$14-\$20 Priced by the job/distance	Personal care, housekeeping, meal prep, Palliative Care, and overnight.	English
Diane Connick CCA	Port Hawkesbury/ Valley Area	902.227.7247	\$19-\$20 Negotiable depending on job	Will only work Tue-Wed-Thurs. Live in care, personal care, respite, and Palliative Care.	English
Cheryl Deveaux-McDaniel	Port Hawkesbury	902.631.4851	\$25/hr	Personal care, light housekeeping, shopping, holiday decorating, decluttering, and support and companionship to the elderly. Port Hawkesbury and preferred, but close surrounding areas will be considered.	English
Amelda Dorey	Isle Madame, St. Peters, Port Hawksbury	902.623.0094	\$18-\$20 Negotiable depending on the job	Respite, personal care, Palliative Care, meal prep and light housekeeping.	English
Jessica McNamara	Troy, Port Hawkesbury, Port Hastings	902.227.4000	\$20/hour	Available after 3 pm weekdays and weekends, light housekeeping, respite care, meal prep, run errands.	English
Maria Meunier LPN	St. Peters, Port Hawkesbury	902.623.0581	Negotiable depending on the job	Personal care, Palliative Care, respite, wound care, and medications.	English
Denise Samms	Port Hawkesbury	709.214.2753	\$20-\$25/Hour	Personal care, dementia care, meal prep, housekeeping, companionship, errands.	English
Laura Wall	Louisdale, Dundee, Port Hawkesbury, Creignish, Judique, Port Hood	902.302.0323	Priced by the job and distance travelled	Personal care, light meal prep, light housekeeping, overseeing meds, palliative care, respite care, transport to appts, groceries, companionship, available days or nights.	English and French

## RICHMOND COUNTY - PRIVATE HOMECARE PROVIDERS

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*Michelle Bona CCA	Port Hawkesbury, L'Ardoise, Arichat, River Bourgeois	902.793.3019 902.587.2220	\$14-\$20 Priced by the job/distance	Personal care, housekeeping, meal prep, Palliative Care, and overnight.	English
Diane Connick CCA	Port Hawkesbury/ Valley Area	902.227.7247	\$19-\$20 Negotiable depending on job	Will only work Tue-Wed-Thurs. Live in care, personal care, respite, and Palliative Care.	English
Cheryl Deveaux-McDaniel	Port Hawkesbury	902.631.4851	\$25/hr	Personal care, light housekeeping, shopping, holiday decorating, decluttering, and support and companionship to the elderly. Port Hawkesbury and preferred, but close surrounding areas will be considered.	English
Amelda Dorey	Isle Madame, St. Peters, Port Hawksbury	902.623.0094	\$18-\$20 Negotiable depending on the job	Respite, personal care, Palliative Care, meal prep and light housekeeping.	English
Melda Dorey CCA	St. Peters, Isle Madame, L'Ardoise	902.623.0094	Negotiable \$15-\$20	Personal care, housekeeping, meal prep, Palliative Care, and overnight.	English
Karen Evong	L'Ardoise, St. Peter's, River Bourgeois	902.587.2867	\$20/hour	Personal care, meal prep, housekeeping, respite, errands, groceries	English
Maria Meunier LPN	St. Peters, Port Hawkesbury	902.623.0581	Negotiable depending on the job	Personal care, Palliative Care, respite, wound care, and medications.	English
Krista Ratchford CCA	Most of Strait/Richmond as far as Judique	902.631.5584	\$18-\$20 Negotiable depending on the job	Personal care, respite, Palliative Care, and does mobile foot care as well.	English
Betty Russell CCA	Strait/Richmond	902.631.0960	\$14-\$20 Negotiable	Personal care, respite, meal prep, housekeeping, and grocery shopping.	English
Denise Samms	Richomond County	709.214.2753	\$20-\$25/Hour	Personal care, dementia care, meal prep, housekeeping, companionship, errands.	English
Nadine Sampson CCA	Louisdale, St. Peters, Arichat, Lower River	902.345.0520 902.631.1871	<sup>20</sup> Negotiable depending on the job	Personal care, respite, Palliative Care, meal prep, housekeeping, and overnight care	English
Laura Wall	Louisdale, Dundee, Port Hawkesbury, Creignish, Judique, Port Hood	902.302.0323	Priced by the job and distance travelled	Personal care, light meal prep, light housekeeping, overseeing meds, palliative care, respite care, transport to appts, groceries, companionship, available days or nights.	English and French
Rita Warner, CCA	Richmond County and as far as Judique	902.535.3393 ritasyvia1@yahoo.ca	\$20 Negotiable	Meal prep, housekeeping, palliative care, overnight, grocery shopping, travel to appointments, personal care and respite.	English

## VICTORIA COUNTY - PRIVATE HOMECARE PROVIDERS

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Dulci Bennett	Baddeck Area	902.295.2667	Priced by the job	Peronal care, meal prep, light housekeeping, respite, etc.	English
Jennifer Domeny	Victoria Co. All over CB.	902.929.2255	\$20/hr	Peronal care, meal prep, light housekeeping, respite, etc.	English
Darlene Ellsworth	Baddeck Area	902.295.7669	\$20/hr	Peronal care, meal prep, light housekeeping, respite, etc.	English
Cathy MacDonald	Cape Breton: Northside Area and as also Victoria Country as far as	902.371.1861 cathymacdonald@icloud.com	\$25/hour	Registered nurse. Personal care, meal prep, light housekeeping, respite, medication	English
Amanda MacLean	Victoria Co.	902.295.0154	\$25/hr	Peronal care, meal prep, light housekeeping, respite, etc.	English
Donna Ross	Baddeck Area	902.371.0569	\$15/hr	Peronal care, meal prep, light housekeeping, respite, etc.	English
Denise Samms	Baddeck Area	709.214.2753	\$20-\$25/Hour	Personal care, dementia care, meal prep, housekeeping, companionship, errands.	English
Matthew Townsend	North Sydney, Sydney, Baddeck, St. Ann	902.879.0280	\$25/hour	CCA, Food Handler, First Aid. Services include: personal care, light housekeeping, companionship, anything to help. Pet-friendly, can work nights.	English
					June 26, 2026