

Caregivers Nova Scotia on



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When you identify a caregiver, you can connect them with our organization to ensure they get immediate and personalized support.

Who are caregivers?

Caregiver is a person who gives unpaid care to someone who has a physical or mental health condition, is cronicly ill, frail or elderly.

Can be friends, family or chosen family.

How we help

- 1 on 1 phone and email support
- Support groups
- Education and advocacy

Our support is free and confidential.

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From your Menu go to Health Map. In the search bar type “caregiver”. Hit Enter.



3

When you click on “Caregivers Nova Scotia”, you will see our information. A blue box at the bottom will say “Send eReferral”. Click on it.



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Care@caregiversns.org
1.877.488.7390
www.Caregivers.org
English
Distance from 79 km

Caregivers Nova Scotia is a non-profit organization that provides free programs and services, support and advocacy to unpaid family and friend caregivers.



Our staff and board are committed to supporting caregivers and recognizing the role they play in improving quality of life – not just for those they support, but for society as a whole. We provide 1 on 1 support, host support groups, educate caregivers and advocate on their behalf. We participate in government task forces and working groups to help shape public policy for caregivers. By listening to their experiences and sharing their stories, Caregivers Nova Scotia amplifies the collective voice of caregivers – because being heard is the first step toward better support.

Health Service Offerings

Select offering for wait times and more details

- Palliative Care
- Dementia Support Services
- Caregiver

Send eReferral



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Fill in the form as usual.

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Optional method

We have a direct link to our referral form, that you can bookmark.



CNS Direct Referral link

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Next steps

After a referral is received, a Caregivers NS Care Coordinator completes an intake and works with the caregiver to create a personalized plan of support, providing ongoing guidance throughout their caregiving journey.

For more information: Lyn Stuart



care@caregiversns.org



(902) 595-0128



caregiversns.org