

Caregiver Support Group



New Ross



Do you give unpaid care to
a parent ?
a spouse ?
a child ?
a friend or relative ?

Due to

frailty or advanced age?
a chronic illness ?
a mental illness ?
a disability ?

You are not alone!

Our free support group is facilitated
by a trained staff member.
It offers a confidential, friendly
atmosphere for you to discuss your
experiences, and receive helpful
information in a supportive environment.

WHEN: The 2nd Wednesday
of each month from 1:00 pm to 3:00 pm
WHERE: New Ross Family Resource Center
4691 Hwy 12, New Ross
(Located behind the New Ross
Consolidated School)

FOR MORE INFORMATION:
Contact Jennine Wilson:
902.680.8706 or 1.877.488.7390
www.CaregiversNS.org