

Caregiver Support Group



Lunenburg



Do you give unpaid care to
a parent ?
a spouse ?
a child ?
a friend or relative ?

Due to
frailty or advanced age?
a chronic illness ?
a mental illness ?
a disability ?

You are not alone!

Our free support group is facilitated by a trained staff member. It offers a confidential, friendly atmosphere for you to discuss your experiences, and receive helpful information in a supportive environment

WHEN: 2nd Wednesday of each month
from 10:30 am to 12:30 pm

WHERE: Lunenburg Library, 1st floor
Lunenburg Academy
97 Kaulbach St
Lunenburg

FOR MORE INFORMATION:
Call Nicole Byers at 902.514.1281 or
1.877.488.7390

www.CaregiversNS.org