

## Understanding Dementia Behaviours Workshop

Strategies and tools for caregivers

Join Caregivers Nova Scotia for a free workshop to learn about how dementia affects the brain, understand that all behaviour is a form of communication, and learn strategies for dealing with the most common expressive behaviours.

When: Wednesday, October 18, 2023 from 1:00 pm to 4:00 pm
Where: Digby Curling Club
27 Shreve St, Digby

This is a free workshop, but pre-registration is required.

Please contact Jennine Wilson at 902.680.8706 or Valley@CaregiversNS.org to register by Friday, October 13, 2023.