

GRIEF SUPPORT GROUPS

Halifax Area

Palliative Care Grief Support Group

Contact: Roy Ellis (902) 473-1622

Widows in Self-Help (WISH) Halifax

Contact: Mary Holland (902) 443-1486

(Drop-in open meetings)

IWK Pregnancy & Newborn Loss Group

Contact: Jenny MacDougall (902) 470-8149

Hospice Halifax/ Bedford Drop-In Groups

Contact: Hospice Office (902) 446-0929

Alex's Safe Harbour: Children/teens/adults

Contact: Trish Dominie (902) 448-8396

Dartmouth General Hospital Grief Group

Contact: Pamela Estey (902) 465-8472

Heaven's Angels Support Group – Dartmouth

Contact: Nathalie Brun-Keogan (902) 404-8866

(Stillbirth under two years)

Bereaved Parents Support Group – Dartmouth

Contact: Louise Smith (902) 404-1555

Vince MacDonald (902) 462-4050

St. Clements Grief Group – Dartmouth

Contact: Susan Duggan (902) 446-9599

Widows in Self-Healing (WISH) Sackville

Contact: Phil Smith (902) 864-0758

St. John Vianney Grief Group - Sackville

Contact: Judith Fraser (902) 864-2778

Contact: Pearl Berriman (902) 445-9227

Mothers of Angels – Fall River

Contact: Nancy Weatherhead (902) 632-2539

(Child loss of any kind)

GriefShare – Hatchet Lake

Contact: Rev. Cheryl Rafuse (902) 225-8305

Healing and Hope – Sheet Hbr / Musquodoboit Hbr

Contact: Jan Rowllins (902) 229-0391

Caregiver Support Groups – HRM

Contact: Lynn Butler (902) 421-7390

Brenda Sangster (902) 421-7390

Understanding Your Grief – West End Sobeyes

1st and 3rd Saturday of the month 10am-12.

SUICIDE

Survivors of Suicide - Halifax

Contact: George Tomie (902) 445-0860

The Circle: A Suicide Support Group - Dartmouth

Contact: (902) 292-3000

GRIEF SUPPORT GROUPS

Nova Scotia

Friends in Bereavement – Bridgetown, Kentville, Berwick

Contact: Jennifer Longley 902-681-8239

Contact: Carol Ward 902-665-4804

Mothers of Angels – Bridgewater

Contact: Julia Corkum (902) 530-6005

Mom's of Children Passed – Kentville

Contact: Sherry Bigelow (902)-365-5210

Caregiver Support Group – New Minas

Contact Doris Davidson (902) 542-1503

Healing and Hope – Cumberland County

Contact: Terry Lynn Smith 902-667-5400 (Ext 6428)

Contact: Sharon Skinner 902-667-5400 (Ext. 6344)

Bereavement Support Group – Yarmouth

Contact: Derrick Babin (902) 742-4512

Community Support Group – Yarmouth

Contact: Bertha Brannen (902) 740-2146

Bereavement Support Group – Clare

Contact: VON (902) 742-4512

Bereavement Support Group – Digby

Contact: VON (902) 742-4512

Bereaved Families of Cape Breton – multiple locations

Contact: Wynne McNeil Phone: (902) 564-6795

Mothers of Angels - New Waterford

Contact: Shirley Kelley (902) 862 – 8460