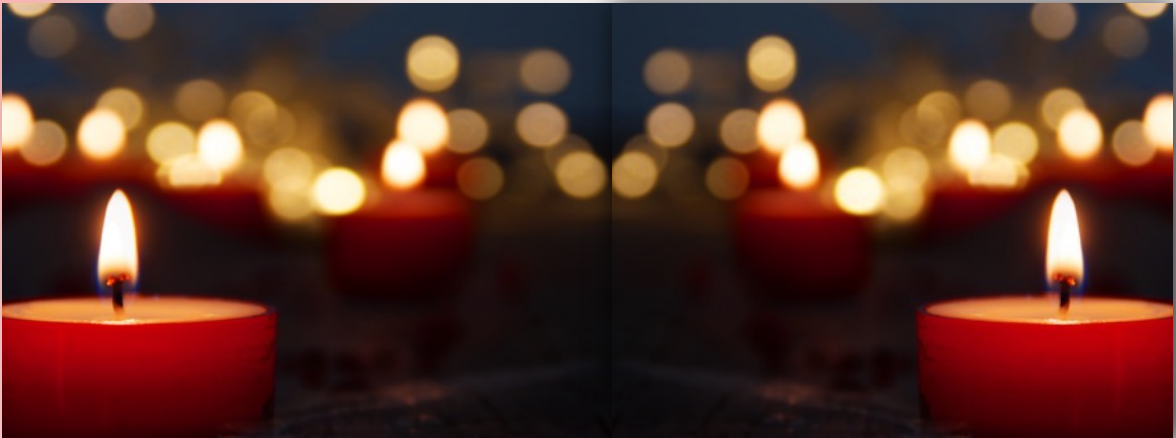


# Caregiving, Grieving, and the Holidays – Let's Talk



How do we meet the jingle jangle of December when our hearts are heavy with caregiving or grief?

Please join Caregivers Nova Scotia and guest speaker Roy Ellis, MDiv CSCP, for an in-depth conversation about getting through the holidays.

When: Saturday, December 15, 2018  
9:45 am to 2:00 pm

Where: Future Inns (Aspen & Birch Rooms)  
30 Fairfax Dr. (Hwy 102, Exit 2A)  
Halifax

Refreshments & a light lunch will be served.

This event is FREE but seating is limited. Please call 902.421.7390 to register or for more information.