## **Golden Rule Home Support**



Providing personal and respite care, meal prep, light housekeeping, support and companionship to the elderly and infirm. Based out of Inverness Co. we are flexible in hours and geographical coverage. Our respect for our elders and our desire to support our community is great. For further information/ booking inquiries please contact us at: <u>Goldenrule945@gmail.com</u> or 902-631-0497