Errands by Karen…for those needing a helping hand.

1. What is Errands by Karen?
It is a personalized service, operating in the Eastern Annapolis Valley area, catering to seniors, sick or shut-ins, as well as busy people.

2. What types of Errands are included?
- Appointments (local & city)
- Grocery Shopping
- Helping at Home
- Respite for Caregivers
- Safe Home Checks
- Social Outings
- You name it!
- At home Blood Collection
  (Veteran Affairs approved)

3. What is the cost?
The cost is $12.50 for one 30 minute errand. Blood collection fee is $45 per collection. Two or more people at the same location cost $40 per collection. Receipts are given for income tax purposes. HST is included on all services.

4. What is the charge for transportation?
The first 10 km are free. After that it is $.30 per kilometer. (Price may change due to change in gas prices.)

5. What area do you cover?
At present, from Brooklyn to Coldbrook. Arrangements can be made for those living outside those areas (mileage rate applies). Group rates are available.

6. What are your hours?
From Monday to Saturday, 8am-5pm. Arrangements can be made for times outside of these hours. (Overtime rates apply)

5. How do I arrange an Errand?
Just call Karen at 902-790-2626 or email errandsbykaren@hotmail.com. You will be called back as soon as possible.

6. Who is Karen?
Karen Ferguson is a retired medical lab technologist who has lived in the Valley for the past 37 years. She enjoys helping people help themselves.

Got an errand? Call Karen! 902-790-2626