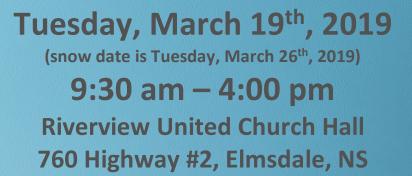
If you give unpaid care to a family member or friend, please join Caregivers Nova Scotia for a

Caregiver Wellness Retreat



Enjoy the company of other caregivers as we learn about self-care, enjoy a delicious lunch, and share a few laughs.

This event is FREE but seating is limited. Please **register** by calling Cindie at 902.324-2273 or 1.877.488.7390.

This event is made possible by funding from the New Horizons for Seniors Program.



