


WEBINAR

# DIGNITY OF RISK

## IN OLDER ADULT CARE

 April 23, 1:30 p.m. AST

 Zoom

**Register:** [Info@CaregiversNS.org](mailto:Info@CaregiversNS.org)

### About the webinar

Most older adults want to keep their independence and make their own decisions.

Caregivers to people with frailty and dementia often strive to find balance between respecting their wishes and minimizing risks.



### During this session, we'll discuss:

- What is frailty, how to measure it and anticipate risks
- How to plan care based on the frailty level
- What is dignity of risk
- How to balance risk management and care recipient's independence
- How to cope with care recipient making risky decisions

**Speakers:** Catherine-Anne Murray OTReg (NS), Courtney Cole RN