

Bridging home care until public services are in place

For discharge teams, social workers, care coordinators, rehab teams, and clinic staff.

QUICK SNAPSHOT

Service Area

Halifax Regional Municipality

Bridge Window

1 day to 4 weeks

Best Use

Safe discharge, fragile support at home

A Trusted Private Home Support Option for families In The Days After Discharge.

When short-term Home support is needed, CareO'Clock helps to bridge the gap while public or family care arrangements catch up. It does not replace public care, nursing, or discharge planning.

Continuing Care is pending or insufficient

Short-term non-clinical support

Reducing caregiver strain and transition risk

Same-day response when possible

USE CAREO'CLOCK WHEN

- ✓ Discharge is time-sensitive and support at home is still too thin
- ✓ Continuing Care hours are pending, delayed, or reduced
- ✓ The first 72 hours at home are the highest-risk period for caregiver strain
- ✓ A family needs temporary bridge coverage for 1 day to 4 weeks
- ✓ The patient needs non-clinical support, not emergency or nursing care

WHAT CAREO'CLOCK PROVIDES

- ✓ Verified caregivers and Client companions
- ✓ Personal care support within scope (Bathing, Grooming, Dressing)
- ✓ Respite, companionship, mobility help, and meal preparation
- ✓ Light housekeeping, laundry, and errands
- ✓ Medication reminders
- ✓ Direct family intake with same-day response
- ✓ Clear documentation and communication

WHAT CAREO'CLOCK DOES NOT REPLACE

- ✓ Continuing Care case management
- ✓ VON or Nursing services
- ✓ Physician, rehab, or discharge planning decisions
- ✓ Emergency response or high-acuity care

BENEFITS TO YOUR TEAM

- ✓ No extra paperwork for your staff
- ✓ Clear non-clinical scope with honest fit or no-fit guidance
- ✓ We enforce your discharge plan when the patient goes home
- ✓ Bridge support that can stabilize the first days after discharge

HOW IT WORKS

1. Identify families who may benefit from this service.
2. Share this handout or our contact with the family.
3. The family contacts CareO'Clock directly.
4. CareO'Clock confirms fit, availability, and next steps.

FAMILY CONTACT

PHONE, TEXT

902-802-3715

EMAIL

appointments@careoclock.ca

WEBSITE

careoclock.ca

Private, non-clinical bridge support for HRM families during discharge and continuity gaps.

www.careoclock.ca



Families can book care online, by phone, or by email.

We handle intake, scheduling, and communication directly with the family. Scan the QR code or share the website for fast booking access.

Secure online booking