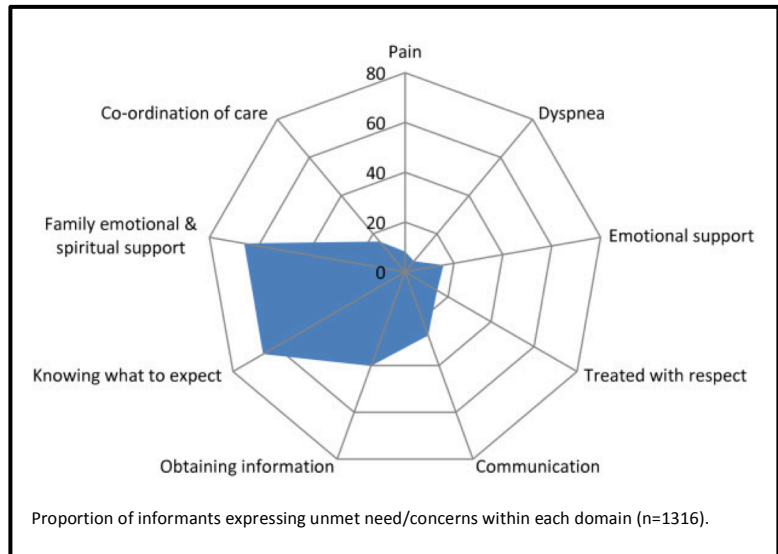


Health Care Professionals: Do you know someone who is challenged by palliative caregiving?

More than 66% of bereaved family members reported that, in the last 30 days of life and across all settings, their needs were unmet concerning:

- knowing what to expect, and
- support for the emotional and spiritual needs of the family.¹

Caregivers Nova Scotia is offering a new evidence-based initiative to help address the unmet needs of family/friend caregivers.

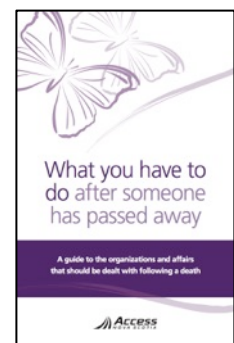
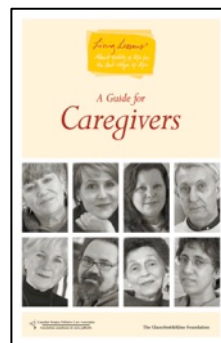
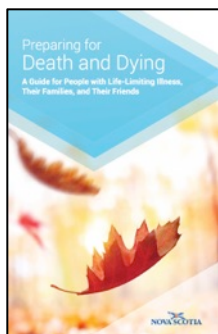


Caregiver Tele-Connect is a FREE, confidential 4-week telephone-based support group where family/friend caregivers can:

- Discuss their concerns about palliative caregiving
- Share with others on a similar journey
- Learn how to prepare for a death

Resources used in discussion include:

- *Preparing for Death and Dying*, Province of NS
- *EHS Special Patient Program* brochure
- *Living Lessons: A Guide for Caregivers*, GlaxoSmithKline
- *What to do after someone passes away*, Access Nova Scotia



Contact 1.877.488.7390 or CaregiversNS.org/how-we-help/CTC/

¹Burge, F., Lawson B., Johnston, G., Asada, Y., McIntyre P.F., Grunfeld, E., & Flowerdew, G. (2014). Bereaved family member perceptions of patient-focused family-centred care during the last 30 days of life using a mortality follow-back survey: does location matter? *BMC Palliative Care* 13:25. DOI: 10.1186/1472-684X-13-25