Canada Revenue Agency (CRA)
Help Sheet 2018

This link will answer most basic questions when you do the long version of your tax return which is recommended.
https://www.canada.ca/en/services/taxes/income-tax/personal-income-tax/doing-your-taxes.html

A list of software that is compatible with their systems can be found at https://www.canada.ca/en/revenue-agency/services/e-services/e-services-individuals/netfile-overview/certified-software-netfile-program.html

To ensure you are claiming appropriate medical expenses, see https://www.canada.ca/en/revenue-agency/services/forms-publications/publications/rc4065/medical-expenses-2016.html

Details of medical expenses

Canada Caregiver Credit (CCC)

Check your eligibility for Disability Tax Credit (DTC)

Steps for completing the Disability Tax Credit
1. Complete and submit your regular tax return and send in a separate envelope. The DTC takes time to process, can be sent anytime during the year, and is retroactive from the date the doctor and/or nurse practitioner put on the form. If they are sent in the same envelope it can hold up your tax return.
2. Review and complete your portion of the Disability Tax Certificate.
3. See your doctor and/or nurse practitioner and ask her/him to complete the physician portion. Tell your doctor and/or nurse practitioner there is no legality issue for them filling out the forms. CRA is looking for medical direction only.
4. Call CRA if you need help.
Tips for calling CRA

1. Call the general inquiries line 1.800.959.8281, Monday through Friday, 8:15 am to 5:00 pm. Phone early in the morning but not a Monday morning. The call-site is in Newfoundland so the rest of Canada will call later in the day. Calling before a holiday is often easier to get through.
2. Press 0 to bypass the voice menu.
3. Tell them you are a caregiver. Ask broad questions, e.g. “What have I missed?” or “Are there other credits associated with the medical expenses claim that I should be including?”
4. Always ask them where they found their information (they have internal resources), note the reference and get the ID # of the person you are talking to.

To authorize or cancel a representative, use this link

If you have a modest income and a simple tax situation, volunteers in your community may be able to complete and file your taxes at no charge. Contact the Community Volunteer Income Tax Program to see if you are eligible and to find a tax clinic near you. If you use this program, tell them you are a caregiver.

Note: If you apply for the Disability Tax Credit (DTC) make copies for your own records. If there is an end date on the form your doctor and/or nurse practitioner fills out, that is the date your DTC will end. Canada Revenue Agency (CRA) will not inform you it has ended; if warranted, you will need to reapply before the end date.

*You viewed this article on the Caregivers Nova Scotia website www.CaregiversNS.org. For more information, contact us toll-free at 1.877.488.7338.