

CAPE BRETON

COASTAL

Home & Living Co.



Senior Support *Services*

SUPPORTING INDEPENDENCE,
DIGNITY & PEACE OF MIND.

Our Specialized Senior Support Service is designed to help older adults remain safe, comfortable, and supported in the homes they love. We provide gentle, respectful, and practical assistance - always with patience, kindness, and dignity at the centre.



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1-902-304-1773



@CBcoastalhome

Supporting you and your home through every season of life.

How We Can *Support You*

HOME & HOUSEHOLD SUPPORT

We help keep your home clean, comfortable, and well cared for with cleaning, laundry & linens, bed changes, and small home maintenance tasks.

CLEANING OF MOBILITY & DAILY-LIVING EQUIPMENT

Experienced in the detailed cleaning of mobility and daily-living equipment including walkers, wheelchairs, shower and bathroom aids, mechanical beds, and other daily-living equipment.

HOME SAFETY & ACCESSIBILITY

Thoughtful home changes to reduce trip hazards, improve accessibility, and preserve the safety and comfort of the home.

COMPANIONSHIP & ROUTINE

A familiar, friendly presence offering conversation, connection, gentle encouragement and support with everyday routines.

FAMILY PEACE OF MIND

When requested - we keep families informed and reassured with open communication and support.

Downsizing & Life Transitions

When it's time for a change, we're here for that too.

We provide compassionate, hands-on support when simplifying a longtime home, downsizing or preparing for a move to a smaller space or senior living community.

- Gentle, judgment-free decluttering
- Sorting & decision-making
- Organizing belongings
- Coordinating donations & disposal
- Packing & unpacking
- Preparing and setting up belongings

From maintaining independence at home to preparing for the next chapter, we're here to make life's transitions feel a little more manageable.

Our Approach

Personal, Not Clinical

Accepting help at home can be a big adjustment.

We believe support should preserve independence — not take it away. Here's what you can expect when we work together.

DIGNITY FIRST

We work alongside our clients, respecting their preferences, routines, home and independence. Our role is to offer support where it is helpful — not to take over.

NON-MEDICAL HOME SUPPORT

We fill the space between managing everything independently and requiring formal home care. Our services focus on the practical parts of everyday life. Our services can also complement existing home-care or healthcare supports by taking care of the many non-medical pieces of everyday life that still need attention.

FAMILY CONNECTION

When family members live away, work full-time or simply can't be there as often as they'd like, having someone dependable nearby can bring enormous peace of mind. With the client's permission, we can communicate with designated family members and provide updates after visits.

FAMILIAR & CONSISTENT

Trust matters when someone is welcoming support into their home. We value familiarity, reliability and genuine relationships so visits feel comfortable rather than clinical.

Thank you for trusting us to be part of your care team!

OUR SCOPE OF SUPPORT

Cape Breton Coastal Home & Living Co. provides non-medical home and lifestyle support. We do not provide nursing or medical treatment, medication administration, or regulated personal-care services.



Not sure what kind of support is needed?

LET'S START WITH A CONVERSATION.

We'll talk about what life at home looks like now, what's becoming difficult, and where a little extra support could make a difference.

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