



Brushing Up on Mouth Care



Oral health is an essential, but often overlooked, part of healthy aging. By learning the basics of good oral health, family & friend caregivers can play an important role in helping their care recipient to maintain good overall health.

Please join us for this informative workshop.

When: Thursday, November 23rd, 1:30 pm – 3:30 pm

Where: Bedford/Sackville Community Health Team
833 Sackville Dr
Lower Sackville, NS

This is a FREE event, but space is limited. Please call 902.421.7390 to register or for more information. Registration deadline is Tuesday, Nov. 21st.

