



# Brushing Up on Mouth Care

Oral health is an essential, but often overlooked, part of your overall health. By learning the basics of good mouth care, family & friend caregivers can play an important role in helping their care recipient to maintain good oral health.

Please join us for this informative workshop.

**When: Thursday, April 23<sup>rd</sup> 1:30 to 4:00 pm**

**Where: New Minas Baptist Church  
9453 Commercial St.  
New Minas, NS**

This is a free event but **pre-registration is required** by Tuesday, April 21st. Please call Jennine Wilson at 902.680.8706 or 1.877.488.7390 for more information.



**Caregivers**  
Nova Scotia  
for friends and family giving care