

Caregiver Support Group



Baddeck



Do you give unpaid care to
a parent ?
a spouse ?
a child ?
a friend or relative ?

Due to
frailty or advanced age?
a chronic illness ?
a mental illness ?
a disability ?

**Please call to
register**

You are not alone!

Our free support group is facilitated by a trained staff member.

It offers a confidential, friendly atmosphere for you to discuss your experiences, and receive helpful information in a supportive environment.

WHEN: 3rd Thursday of each month
from 10:00 am to 12:00 pm

WHERE: Knox Presbyterian Church
39 Grant St, Baddeck

FOR MORE INFORMATION:

Call Lyn Stuart
902.595.0128 or 1.877.488.7390

www.CaregiversNS.org