"Who will speak for you or your loved one if you cannot speak for yourself?"

## Advance Care Planning for Caregivers: Getting Started

Join us for this important workshop on starting the conversation about your future healthcare wishes.

WHEN: Saturday, February 9th, 2019

1:00 pm to 3:00 pm

**WHERE**: Colchester-East Hants Public Library

745 Prince St.

Truro

This workshop is FREE but seating is limited. Please call the Colchester-East Hants Public Library at 902.895.4183 to register or for more information.

Registration deadline is Thursday, February 7th.





