

“Who will speak for you or your loved one if you cannot speak for yourself?”

# Advance Care Planning for Caregivers: Getting Started

Join us for this important workshop on starting the conversation about your future healthcare wishes.

**WHEN:** Thursday, November 16, 2017  
1:30 pm to 3:30 pm

**WHERE:** Riverdale Community Centre  
106 Vince McCarthy Drive  
Lower River Inhabitants

This workshop is FREE but seating is limited. Please call Michele Mac Phee at 902.587.2800 ext. 5 to register or for more information. **Registration deadline:** November 14.

