

“Who will speak for you or your loved one if you cannot speak for yourself?”

# Advance Care Planning for Caregivers: Getting Started

Join us for this important workshop on starting the conversation about your future healthcare wishes.

**WHEN:** Thursday, April 11<sup>th</sup>, 2019  
1:30 pm to 3:30 pm

**WHERE:** Lunenburg County Lifestyle Centre  
Multi-purpose Room  
135 North Park St.  
Bridgewater

This workshop is **FREE** but **pre-registration is required** by Tuesday, April 9th. Please contact Jennifer Briand at 902.521.5592 to register or for more information.

