

“Who will speak for you or your loved one if you cannot speak for yourself?”

# Advance Care Planning for Caregivers: Getting Started

Join us for this important workshop on starting the conversation about your future healthcare wishes.

**WHEN:** Monday, November 19<sup>th</sup>, 2018  
1:00 pm

**WHERE:** Tancook Island Recreational Centre  
39 School Rd.  
Big Tancook Island, NS

This workshop is FREE but **seating is limited**. Contact Jennifer Briand at 902.521.5592 **to register** or for more information.

