

The hummingbird symbolizes performing the impossible, working at lightning speed, surviving extremes and often flying solo ... just like a caregiver. May is Caregiver Awareness Month.



You are invited to join us for a

# Caregiver Appreciation Tea

celebrating the unpaid caregivers in our community!

**When:** Tuesday, May 14th, 2013 from 1:00 to 3:00 pm

**Where:** Argyle-Glenwood Community Hall, exit 32A up the hill on the right

Everyone is invited; no admission charge.

For more information please contact:  
Jennifer at 521-5592 or 1-877-488-7390  
[www.caregiversNS.org](http://www.caregiversNS.org)

  
**Caregivers**  
Nova Scotia  
for friends and family giving care