

The hummingbird symbolizes performing the impossible, working at lightning speed, surviving extremes and often flying solo ... just like a caregiver. May is Caregiver Awareness Month.



You are invited to join us for a

# Caregiver Appreciation Tea

celebrating the unpaid caregivers in our community!

**When:** Friday, May 31st, 2013 from 2:00 to 4:00 pm

**Where:** Trinity - St Stephens United Church, 1 Ratchford St, Amherst, NS

Everyone is invited; no admission charge.

For more information please contact Cindie  
at 902-324-2273    [northern@caregiversNS.org](mailto:northern@caregiversNS.org)  
or 1-877-488-7390    [www.caregiversNS.org](http://www.caregiversNS.org)

  
**Caregivers**  
Nova Scotia  
for friends and family giving care