

# Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Please join us and Dave MacLean, Pharmacist at Pharmacy First, for this informative workshop.

**When: Thursday, June 11<sup>th</sup> at 1:00 pm**

**Where: Pharmacy First Community Room  
266 Foord Street, Stellarton**

This event is FREE of charge but you are asked to register by calling Caregivers Nova Scotia at 1-877-488-7390.

Did you know ...

**18.3%** of Nova Scotians  
are seniors

**28% - 40%** of all  
medication prescribed  
is for seniors

**30%** of all emergency room  
visits are drug related

Presented by:

  
**Caregivers**  
Nova Scotia  
for friends and family giving care

  
**Ageing Well Together**  
Community Links

 **Pharmacy First** LTD.