## Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Please join us and pharmacist Tyler Kaupp (Pier Pharmasave) for this informative workshop.

When: Thursday, November 19, 12:30 - 2:30 pm

(a light lunch will be provided)

Where: Whitney Pier Society of the Arts

315 Jamieson Street, Room 12

**Sydney** 

This event is FREE of charge but you are asked to register by calling Maggie Roach-Ganaway at 902.371.3883, or our toll-free number: 1.877.488.7390

Did you know ...

**18.3%** of Nova Scotians are seniors

**28% - 40%** of all medication prescribed is for seniors

**30%** of all emergency room visits are drug related

Presented by Caregivers Nova Scotia Association

