

Safe Medicines for Seniors & Caregivers

Prescription and over the counter medicine has the potential to improve health and well-being. But when not taken properly, it can sometimes cause other health-related problems.

Caregivers Nova Scotia has been invited by Community Links to deliver this workshop in partnership with Pharmacist Natalie Dexter of Lawtons Musquodoboit Harbour.

When: Thursday, June 7th at 10:00 am

**Where: Old School Community Gathering Place
7962 #7 Highway
Musquodoboit Harbour**

To register for this event, please contact The Old School Community Gathering Place: 902.889.2735 or oldschoolmh@outlook.com

Did you know ...

20% of Nova Scotians are seniors (aged 65 or older)

28% - 40% of all medication prescribed is for seniors

30% of all emergency room visits are drug related

