

Medication Chart

Help for Unpaid Caregivers in Nova Scotia



www.CaregiversNS.org

MEDICATION CHART for:			DATE:		
Name of Medication and Strength	Dosage	When to Take Dose	How to Take Dose	Reason for Taking Medication	
EXAMPLE: Tylenol 200mg	Example: Number of tablets, teaspoons, puffs	12 p.m., or before bed	With food, or one drop in each eye		
	ne and telephone nu	ımber:	I	l	
Name of pharmacy	and telephone num				